

Thursday 5th January 2023

Dear Parents/Carers,

As part of our schools PSHE curriculum, year 4 and 5 will complete their Relationships and Health Education unit this half term in their PSHE lessons.

The education is based on national guidance and is delivered by your child's class teacher.

The lessons this term will cover the following topics:

Year 5

- Internet safety
- First Aid - Asthma
- Puberty for girls
- Puberty for boys
- Risks associated with tobacco

In then lessons surrounding puberty, then children will learn:

- Correct names of female and male reproductive organs
- Periods (Menstruation) and products to use
- Hygiene & keeping healthy
- Feelings & emotional changes
- Where to go for help & support

By law, you do not have to option to withdraw your child from health education lessons due to the government legislation that commenced from September 2020. You will however have the right to withdraw your child from Sex Education lessons that take place in year 6. The lessons will be age-appropriate and will take place in a safe and welcoming environment once a week.

If you have any queries about the content of the lessons, or the resources used, please do not hesitate to contact me.

Yours sincerely,

Miss Vincent

Year 6 Class Teacher

PSHE, RE and English and KS2 Reading Lead

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