

Thursday 5th January 2023

Dear Parents/Carers,

As part of our schools PSHE curriculum, Class Attenborough will complete their Relationships and Health Education unit this half term in their PSHE lessons.

The education is based on national guidance and is delivered by your child's class teacher for an hour once a week.

The lessons this term will cover the following topics:

Year 1/2

- Understanding emotions
- Identifying strengths
- Getting ready for bed
- Personal Hygiene
- Sun safety
- Allergies
- Who keeps us healthy

At West Vale, we believe that educating children about the world we live in will prepare children to make informed choices later in life.

If you have any queries about the content of the lessons, or the resources used please do not hesitate to contact me.

Yours sincerely,

Miss Vincent

Year 6 Class Teacher

PSHE, RE, English and KS2 Reading Lead